

Justification

- The need to harmonize common abilities and skills required for medical and nursing graduates and future experts in the field of occupational medicine and nursing, within the area of the European Union.
- The growing number of emerging risks within occupational psychosociology.
- The present need, both at local and international level, for training in the management of psychological and psychosocial problems at the workplace.

Objectives of the Course

1. To update knowledge about training methods for medical and nursing graduates, in the management of psychological and psychosocial problems in the workplace.
2. To improve the response capacity of occupational doctors when faced with the new emerging psychosocial risks: stress, burn-out and psychological harassment at the workplace, as well as their management of mental problem of workers.

List of Easom Board Members and Advisors

- Dr. Reinhard Jäger
- Dr. Med Giso Schmeisser
- Prof. Raphael M.C. Masschelein
- Prof. Brigitta Danuser
- Prof. Lutgart Braeckman
- Prof. Petar Bulat
- Dr. Kristiina Mukala
- Dr John Harrison
- Dr. Jean-Francois Gehanno
- Dr André N.H. Weel

General Information

Seat of the Congress 6th and 7th of September 2007

AULA DE LA LOGIA
Institución Fernando el Católico (IFC)
Excma. Diputación Provincial de Zaragoza
Plaza de España, 2 • 50071 Zaragoza (Spain)

8th of September 2007
FACULTY OF ECONOMICS SCIENCE
Gran Vía, 2 • 50005 Zaragoza (Spain)

Congress Map



Collaborations



Technical Secretary

VIAJES

El Corte Inglés

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7th EASOM

Summer School - Outline of programme

Zaragoza, 6th-8th September 2007



TEACHING
TEACHING
TEACHING
MANAGEMENT
OF MENTAL
HEALTH
PROBLEMS

(4.5) UNIVERSITY CREDITS BY THE
UNIVERSITY OF ZARAGOZA

Organizer: Prof. Dr. Begoña Martínez Jarreta
School of Occupational Medicine
University of Zaragoza

Thursday, 6th of September

WHAT & WHY

Morning Session Chair: Dr. Kristiina Mukala

- 08:30** Registration.
- 09:00** Opening Ceremony.
- 09:30** Keynote Lecture: Individual approach of mental health problems & work.
Prof. Jac van der Klink
- 10:20** Keynote Lecture: Organisational approach of mental health problems & work.
Dr. Victor Alcalde
- 11:10** Coffee Break
- 11:40** Short presentations about teaching practice in different countries.
Dr. María González; Prof. Dr. John Harrison; Dr. Tina Saaselmá; Prof. Dr. Elena Pauncu; Prof. Dr. Ralph Masschelein; Prof. Dr. Cassito; Prof. Dr. Jasminka Godnic-Cvar
- 14:00** Spanish Lunch

Afternoon Session Chair: Dr. André Weel

- 17:30** General discussion and conclusions of the first day: answering of the question "What competencies a fully qualified occupational physician should have regarding management of MHP at work?"
Prof. Dr. Begoña Martínez-Jarreta
- 19:00** End of programme.
- 21:00** Spanish Dinner.

Friday, 7th of September

HOW

Morning Session Chair: Prof. Dr. Alain Cantineau

- 09:00** Presentations and case studies about experiences with teaching methods from different countries:
- Teaching diagnosis.
Prof. Dr. Pedro Saz
 - Problem analysis of MHP in workers and organisations.
Dr. Gerhard Elsigan
 - Teaching guidance and rehabilitation of workers absent due to MHP at work.
Dr. Javier Bascuas
 - Preventive strategies for MHP (mental health risk assessment; stress management).
Dr. Javier García-Campayo; Dr. Juan Carlos Fernández
- 11:00** Coffee Break.
- 11:30** Demonstrations of teaching methods.
Prof. Dr. Maria Grazia Cassitto
- 12:00** Demonstrations of teaching methods. 3 Role plays.
Dr. Cristina Vispe; Dr. Santiago Gascón; Dr. Ramona García; Dr. Ricardo Campos; Mrs. Janine Cantineau
- 12:30** General discussion.
- 13:30** Spanish Lunch

Afternoon Session Chair: Prof. Dr. R. Masschelein

- 16:30** Demonstrations of teaching methods.
Dr. Gerhard Elsigan
- 17:00** General discussion and conclusions of the second day: answering of the question "What instructional methods are appropriate for teaching management of MHP at work?"
Prof. Dr. Ralphael Masschelein
- 18:00** EASOM General Assembly.
- 19:30** End of programme.
- 21:00** Aragonese Dinner.

Saturday, 8th of September

IMPROVING OUR TEACHING SKILLS

Morning Session Chair: Prof. Dr. John Harrison

- 09:00** Introduction of group working.
Dr. André Weel
- 09:15** Working in three subgroups dealing with the questions:
- Which MHP at work have the highest priority to be included in the curriculum?
Prof. Dr Begoña Martínez-Jarreta
 - What do we need for teaching the management of MHP in our schools?
Dr. André Weel
 - How to improve our skills as teachers in the management of MHP at work?
Prof. Dr. Ralphael Masschelein
- 10:15** Plenary reports from the subgroups and discussion.
- 11:15** Conclusions & conclusion of the 7th Summer School.
Prof. Dr. John Harrison
- Organizers of Past Summer Schools are invited to participate.
Prof. Dr. Brigitta Danuser; Dr. Kristiina Mukala; Dr Peter Bulat; Prof. Dr. Giorgio Assennato
- 12:00** End of programme.
- 12:30** Guided Visit to the Historical Town and Monuments.
- 14:30** Closing: Spanish Lunch.

Local Scientific Committee

- Dr. Manuel Albalá
- Dr. José M. Gómez López
- Dr. Javier Bascuas
- Dr. Carlos Heras
- Dr. Yolanda Casalot
- Dr. Begoña Martínez Jarreta
- Dr. Juan Carlos Fernandez
- Dr. Silvia Morales
- Dr. Santiago Gascon
- Dr. Cristina Vispe